



Anne Brewster

Ai Board of Directors

Physical Therapist
Self-Employed

Anne joined the Board of Directors at Access Independence, Inc. (Ai) in June 2020. During her 25 year+ career as a home health physical therapist, she has regularly encountered situations where clients have needs that are not met from typical resources, and is thankful that organizations like Ai exist to provide additional support. Anne is happy to be part of an organization that does great work in the community and facilitates more disability awareness to help more people. In addition to her home health work, Anne is also a wellness coach and advocate for improving long term health by adjusting daily choices.

She is involved in leadership through her church with the Women's Mission, small group and care team, and participates in support of the Winchester Men's Mission, and the Backpack Feeding Program.

Anne's prior career was as a Landscape Architect before she returned to school to become licensed as a Physical Therapist. She is currently in training to become a Certified Fall Prevention Specialist.

Anne received a Master of Physical Therapy Degree in 1995, and a Bachelor of Science Landscape Architecture Degree in 1982.