

# PRE-EMPLOYMENT TRANSITION SERVICES

Access Independence, Inc. (Ai) is an approved provider of Pre-Employment Transition Services through the Virginia Department of Aging and Rehabilitation Services.

Ai provides services for youth with disabilities who are transitioning from school to work, college, or moving out on their own.

## Pre-Employment Transition Services (Pre-ETS)

- ⇒ Services are ages 14-22 (or until graduation) for students with disabilities
- ⇒ Support preparation and integration into society
- ⇒ Students will connect directly with Ai
- ⇒ Ai works with families, educators, and employers
- ⇒ 6-week classroom instruction
- ⇒ Sample lessons can be used by practitioners and parents



### Workplace Readiness Training (WRT)\*

To develop social and independent living skills

- a. Learning where, and how to search for work, including the importance of networking;
- b. Learning and practicing how to effectively complete a job application;
- c. Learning what a behavioral interview question is, and practicing how to effectively answer questions;
- d. Learning and practicing how to professionally ask for help on the job; and
- e. Financial literacy and financial empowerment



### Instruction in Self Advocacy (ISA)

- a. Identify strengths;
- b. Identify support needs;
- c. Understand what it means to disclose one's disability, and who is responsible for doing this;
- d. Understand how to effectively request and utilize accommodations;
- e. Identify ways to be a self-advocate;
- f. Identify/develop positive strategies to support effective problem solving; and
- g. Understand what an informed decision is, and how to engage in an informed decision

*Contact your DARS Counselor to be referred for more information.*