



Mary Lou Effler-Lantz

Information and Referral Specialist

Mary Lou joined the Access Independence, Inc. (Ai) in March of 2021. She had previously worked in the industries of trucking, banking, and customer service, just to name a few.

Mary Lou is very involved in her church. She serves as Nurture Chair person in charge of nursery, alter cloths, events for adults and decorations for holidays.

Mary Lou has been married to Richard for 32 years. Between them they have five children, 14 grandchildren, and eight great-grandchildren.